

## Junior Olympics Is Coming!

Each year Junior Olympics gives our 4<sup>th</sup>, 5<sup>th</sup>, and 6<sup>th</sup> graders at the seven Los Altos School District Elementary Schools the opportunity to participate in a special day of athletic events. This year Junior Olympics will be held on **Saturday, April 24, 2010, at Mountain View High School.**

### *We need parents to help with training!*

Beginning the week of March 8<sup>th</sup>, your children will begin training for various events during their PE classes. They will choose up to 3 events in which they would like to compete, and may also qualify for a relay team. Parents will assist the PE Specialists in training the children and will record the children's event choices. The Junior Olympics events are:

1320 Yard Run	75 Yard Dash	60 Yard Hurdles
Softball Throw	30 Second Jump Rope	Standing Long Jump
Basketball Free Throw	Chin Ups	

Please consider helping with timing relay tryouts and supervising Junior Olympics training during the upper grades' PE classes in March and April. There will be a **Train the Trainers meeting on Wednesday, March 3<sup>th</sup> at 1 p.m. at Springer** to help volunteers prepare.

### Almond's PE schedule is as follows:

Every Thursday (3/11-4/22)	# Parents Needed for 4 <sup>th</sup> Grade	# Parents Needed for 5 <sup>th</sup> Grade	# Parents Needed for 6 <sup>th</sup> Grade	Total # Parents
9:30-10:10am	4	4	4	12
Recess from 10:10-10:30am				
10:30-11:10am	4	4	4	12
11:15-11:55am	4	4	4	12
Total # Parents	12	12	12	

If you would like to volunteer, please contact your class representative.

#### 4<sup>th</sup> Grade Reps:

Diana Fontana	<a href="mailto:dianafontana@att.net">dianafontana@att.net</a>	965-2837
Allison Marras	<a href="mailto:allison_marras@yahoo.com">allison_marras@yahoo.com</a>	938-2689

#### 5<sup>th</sup> Grade Reps:

Martha Gomez	<a href="mailto:marthagomezcreations@yahoo.com">marthagomezcreations@yahoo.com</a>	965-2837
Kathleen Mitchel	<a href="mailto:rkmitchel@comcast.net">rkmitchel@comcast.net</a>	559-5707

#### 6<sup>th</sup> Grade Reps:

Angelique Champagne	<a href="mailto:angelchamp@yahoo.com">angelchamp@yahoo.com</a>	947-9867
Alice Poltrack	<a href="mailto:rexowner@gmail.com">rexowner@gmail.com</a>	948-1075

#### JO Co-Chairs:

Michelle Le	<a href="mailto:michelle@le4fun.com">michelle@le4fun.com</a>	949-1911
Karen Townsend	<a href="mailto:kcf4@cornell.edu">kcf4@cornell.edu</a>	948-6265